

# Exploring alternative cancer paradigms

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## DEFINITION

- Overdiagnosis includes diagnoses leading to interventions where patients cannot benefit from the treatment but only cause physical and/or psycho-social harm. 1. *Welch & Black 2010*
- This can arise especially when standard treatments offered are ineffective and cause harm
- If this definition is included, cancer treatments become the largest single cause of overdiagnosis because most are not effective 2.

## WHERE DID THE CURRENT ORTHODOX CANCER PARADIGM COME FROM?

- The current orthodox cancer paradigm developed ad hoc in mid to late 19th century following refinement of microscopy enabling the viewing of cancer cells in their early stages of growth – The plausible conclusion was that cancer started as a single cell that grew and spread. There was little or no evidence to overthrow the previous thousands of years' of experience that assumed cancer was a systemic disease
- From this developed the aim of "getting it all" and "getting it early"

## QUESTIONING THE CURRENT CANCER PARADIGM

- The US NCI recognised a lack of success with treating cancer over the past 45 years and asked 12 teams of US researchers to identify the flaws in the current cancer paradigm so as to make treatments more effective
- So 140 years later it is finally being accepted that getting it all and getting it early doesn't help. So this new paradigm must be invalid 3.
- Paul Davies and Charley Lineweaver, part of one of the 12 teams, have concluded that cancer cells have adopted a more primitive survival mechanism, a process that should be reversible 4. *Davies P and Lineweaver C*
- One explanation they give for cancer's cause is a breakdown in communication within or between cells that results in the cells losing the information necessary for them to differentiate – what type of cell they should be

They postulate that the cell has reverted to one with an earlier inbuilt primitive survival program. They suggests ways of helping the cells revert to their more normal growth and reproductive program and to differentiate properly

They suggest that current treatments are not effective because they focus on the cell's strongest defences rather than its weaknesses

## OLDER OR ALTERNATIVE CANCER PARADIGMS

- Prior to this change of the cancer paradigm an older paradigm existed for more than 2,000 years – Hippocrates (~400 BC), Galen (~150 AD) and Paracelsus (~1520 AD) believed cancer was a systemic disease possibly with a psychological component. According to Paracelsus "It should be forbidden and severely punished to remove cancer by cutting, burning, cautery, and other fiendish tortures. It is from nature that the disease arises and from nature comes the cure, not the physician." 5. *Issels J*

His system of treatment included not only remedies but also a form of psychotherapy, because the causes of every disease are "to be found in the soul and spirit as well as in the body". He was thus the founder of the psychosomatic approach to treatment

- Our charity has been identifying the most effective cancer therapies from analysing results from randomised controlled trials and survival studies over the past 35 years and have identified several useful therapies
- We are trying to publicise this different approach more widely
- The recent questioning of the current paradigm by the NCI's project has provided an opportunity to draw attention to the work of these earlier medical researchers

## DEVELOPING A NEW CANCER PARADIGM

- We are developing a cancer paradigm based mainly on the results of the cancer therapies that produced better results than surgery, radiotherapy and chemotherapy, including dealing with chronic stress, eg see below
- **We would like to invite those present who are interested to join a project to develop an evidence-based cancer paradigm consistent with results from the most effective treatments**
- We see the first step in this process as a discussion of two major areas of disagreement between the proponents of different hypotheses:
  1. Is cancer a **systemic** disease?
    - a. If so, what does this mean? Does it mean that the host, the body, produces the tumour and, where the tumour stabilises, has the body developed a homeostasis with the tumour? 5. *Issels J*
    - b. Or does the tumour develop independently and later cause a systemic condition or "cancer milieu" conducive to other tumour growth? or
  2. Does the tumour start locally and later spread? In other words is **metastasis** a proven process?

Or is it just a plausible assumption? 6. *Devitt J*

## SOME PROMISING APPROACHES

- treating chronic stress using various behavior therapy techniques:- eg work by *Ronald Grossarth-Maticek* – behaviour therapy *Elizabeth Blackburn & Elissa Epel* - telomeres *Candace Pert* – Molecules of emotion; *Bruce Lipton* - epigenetics – I have published a paper on this 7. *Benjamin Don*
- treating acute traumatic stress: - eg work by *Ryke Geerd Hamer* – German New Medicine – I have published a paper on this 8 *Benjamin Don*
- boosting the immune system using a variety of biological compounds:- eg work by *Lawrence Burton* – IAT therapy *Stanislaw Burzynski* - Antineoplastons
- slowing down tumour grow by using a variety of chemical compounds: eg work by *Joseph Gold* – Hydrazine sulphate *Robert Jones* – Promethazine (Phenergan)

Other hypotheses see cancer caused by

- a poor diet: - eg work by *Max Gerson/Gilbert Ling/Freeman Cope* – restore the Sodium/Potassium balance *Joanna Budwig* – avoid certain foods *William Donald Kelley/Nicholas Gonzales* – a diet based on the correct metabolic type *T Colin Campbell* – avoid animal protein
- a breakdown in inter-cell communication as suggested by Paul Davies – eg work by *Henry Turkel* – flood the cells with nutrients to increase the signal to noise ratio; or remove the cause of the interference with cell communication to restore the vital information necessary to produce healthy cells
- a cancer microbe:- eg work by *Virginia Livingston Wheeler* – cancer vaccine *Gaston Nassens* – 714X, nitrogen therapy *Royal Raymond Rife* – special electromagnetic frequencies to destroy the cancer microbe *Hulda Clark* - herbs to destroy the cancer microbe

Other relevant research includes work on

- The structure of water – eg work by *Geoffrey Pollack* – the fourth phase of water *Jacques Benveniste* – the memory of water *Luc Montagnier* – diluted water retains electromagnetic signals having biological effects.

## Josef Issels' cancer paradigm amended to increase role of acute and chronic stress

